

# **CART 002: KITCHEN BASICS**

### Originator

zbecker

### Justification / Rationale

Restructure Culinary curriculum to better match C-ID recommendations.

This new course will be a very basic 9-hour introduction to the kitchen environment and the basics of safety, cleaning and sanitation, and correct hand washing and the use of the three-bay sink, and safe knife skills.

### **Effective Term**

Fall 2020

**Credit Status** Credit - Degree Applicable

Subject **CART - Culinary Arts** 

**Course Number** 

002

**Full Course Title Kitchen Basics** 

Short Title **KITCHEN BASICS** 

### Discipline

### **Disciplines List**

Culinary Arts/Food Technology (Food service, meat cutting, baking, waiter/waitressing, bartending)

## **Restaurant Management**

Modality

Face-to-Face

### **Catalog Description**

Skills and knowledge required to safely work within a commercial or training kitchen environment including cleaning and sanitation, safety, knife skills, equipment identification and usage, and uniform policy.

### **Schedule Description**

Skills and knowledge required to safely work within a commercial or training kitchen environment including cleaning and sanitation, safety, knife skills, equipment identification and usage, and uniform policy.

### **Lecture Units**

```
0.5
Lecture Semester Hours
Lab Units
In-class Hours
Out-of-class Hours
18
Total Course Units
```

0.5

9

0

9



### **Total Semester Hours**

27

# **Required Text and Other Instructional Materials**

Resource Type Book

Author

National Restaurant Association

### Title

Servsafe Coursebook

### Edition

7th

Publisher National Restaurant Association Educational Foundation (NRAEF)

# Year

2017

**College Level** Yes

ISBN # 978-1-58280-332-6

### Class Size Maximum 35

### Course Content

- Sanitation Standards
- · Sanitary Facilities and Equipment
  - Floors including appropriate mopping techniques and procedures
  - · Counter and equipment cleaning and sanitation
  - Waste management
  - · Appropriate use of hand sinks
  - · Appropriate use of 3 bay sinks and proper cleaning of pots and pans
- Safety

•

- Policies and procedures
- Accident prevention
- · Basic knife skills and safety
- · Equipment identification and usage

### **Course Objectives**

	Objectives	
Objective 1	Identify basic safety and accident prevention techniques.	
Objective 2	Demonstrate safe basic knife skills.	
Objective 3	Demonstrate appropriate cleaning and sanitation procedures including use of sinks and mopping.	
Objective 4	Identify kitchen hand and power equipment and appropriate usage.	
Objective 5	Demonstrate understanding of the uniform policy in the training kitchen and how it impacts safety and accident prevention.	



### **Student Learning Outcomes**

Student Learning Outcomes					
	Upon satisfactory completion of this course, students will be able to:				
Outcome 1	Identify key steps required to maintain safety and sanitation in a commercial kitchen or training facilities and why each is important.				
Methods of Instruction					
Method		Please provide a description or examples of how each instructional method will be used in this course.			
Lecture		Presentation of topics in context with industry	-relevant examples.		
Discussion		Individual and group discussion of industry-relevant safety and sanitation topics.			
Demonstration, Repetition/Practice		Perform cleaning and sanitation on floors, pots and pans, and kitchen equipment.			
Observation		Instructor will demonstrate appropriate technic	Instructor will demonstrate appropriate techniques.		
Methods of Evaluation					
Method		Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment		
Presentations	s/student demonstration observations	Students prepare demonstration of appropriate and inappropriate food handling scenarios	Out of Class Only		
Tests/Quizzes/Examinations		Timed quizzes covering material from both text and classroom lectures.	In and Out of Class		
Behavior assessment		Students demonstrate appropriate attention to safety and sanitation procedures.	In Class Only		
Mid-term and final evaluations		Final examination covering all class material.	Out of Class Only		
Reading reports		Written reports based on assigned reading.	Out of Class Only		

#### Assignments

### **Other In-class Assignments**

- 1. Lecture on topics in context with industry-specific examples.
- 2. Demonstration of appropriate safety and sanitation techniques.
- 3. Presentations by students on out-of-class reading on safety and sanitation topics.
- 4. Examinations of various types, such as essay and multiple choice.

### **Other Out-of-class Assignments**

- 1. Reading in recommended supplementary literature.
- 2. Viewing of films and slide programs and submission of written summary and evaluation.
- 3. Visit local food establishments and submission of written evaluation of safety and sanitation practices observed.
- 4. Worksheets on equipment and usage.

### **Grade Methods**

Letter Grade Only

### **MIS Course Data**

**CIP Code** 12.0500 - Cooking and Related Culinary Arts, General.

**TOP Code** 130630 - Culinary Arts

SAM Code D - Possibly Occupational

Basic Skills Status Not Basic Skills



### Prior College Level Not applicable

**Cooperative Work Experience** Not a Coop Course

**Course Classification Status** Credit Course

Approved Special Class Not special class

Noncredit Category Not Applicable, Credit Course

Funding Agency Category Not Applicable

**Program Status** Program Applicable

Transfer Status Not transferable

Allow Audit No

Repeatability No

Materials Fee No

Additional Fees? Yes

Additional Fee Amount None

Additional Fees Description None

# Approvals

Curriculum Committee Approval Date 11/21/2019

Academic Senate Approval Date 12/12/2019

Board of Trustees Approval Date 01/17/2020

Chancellor's Office Approval Date 1/21/2020

Course Control Number CCC000612087

**Programs referencing this course** Basic Culinary Arts Certificate of Achievement (http://catalog.collegeofthedesert.eduundefined?key=123/)



Intermediate Culinary Arts Certificate of Achievement (http://catalog.collegeofthedesert.eduundefined?key=125/) Culinary Management AS Degree (http://catalog.collegeofthedesert.eduundefined?key=23/)