

# **EMP 011: NEW WORLD OF WORK SKILLS:SELF-AWARENESS**

## Originator

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## Co-Contributor(s)

# Name(s)

Thompson, Brian

#### Justification / Rationale

Reduce class size due to short-term course offering.

## **Effective Term**

Fall 2022

#### **Credit Status**

Credit - Degree Applicable

## **Subject**

EMP - Employability Skills

#### **Course Number**

011

#### **Full Course Title**

New World of Work Skills:Self-Awareness

## **Short Title**

**SELF-AWARENESS** 

# Discipline

# **Disciplines List**

**ALL DISCIPLINES** 

#### Modality

Face-to-Face 100% Online Hybrid

## **Catalog Description**

Develop or improve your Self-Awareness strength in the workplace by knowing your own personality, skills, and knowledge; recognizing habits that can be improved; looking for opportunities that are a good match for your strengths; maintaining self-discipline; taking personal responsibility for your actions; and improving your professional manner.

# **Schedule Description**

Develop or improve your Self-Awareness strength in the workplace.

## **Lecture Units**

0.5

#### **Lecture Semester Hours**

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# **Lab Units**

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#### **In-class Hours**

9



**Out-of-class Hours** 

18

**Total Course Units** 

0.5

**Total Semester Hours** 

27

# **Required Text and Other Instructional Materials**

**Resource Type** 

Web/Other

**Open Educational Resource** 

Yes

Year

2018

# Description

New World of Work Instructional Materials available through Linked Learning/New World of Work.

## **Class Size Maximum**

20

#### **Course Content**

- 1. Personality types, strengths, weaknesses.
- 2. Habits that impact workplace effectiveness.
- 2. Matching Work opportunities with personality strengths.
- 3. Self-discipline and responsibility.
- 4. Key components of a professional manner in the workplace.

# **Course Objectives**

	Objectives
Objective 1	Recognize how your own personality, knowledge, skills and habits impact your success in the workplace.
Objective 2	Identify work opportunities that are a good match for your strengths.
Objective 3	Understand the importance of self-discipline.
Objective 4	Recognize the key components of a professional manner in the workplace.

# **Student Learning Outcomes**

	Upon satisfactory completion of this course, students will be able to:		
Outcome 1	Demonstrate self-awareness, an understanding of one's own work personality, strengths, and areas to improve.		

# **Methods of Instruction**

Method	Please provide a description or examples of how each instructional method will be used in this course.				
Discussion	In class discussion and/or online Canvas discussions on recognizing the impact of habits and personal strengths and weaknesses.				
Collaborative/Team	Creation of cooperative learning tasks such as a small group or paired activities to discuss "What Not To Do" videos.				
Technology-based instruction	Use of learning materials available on the web, including "What Not To Do" videos.				
Lecture	Presentation of topic in content based on results of beginning of class survey.				
Self-exploration	Survey at beginning and end of class and analysis of life experiences.				



#### **Methods of Evaluation**

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
College level or pre-collegiate essays	Writing assignments completed out-of-class analyzing "What Not to Do" videos presented inclass.	In and Out of Class
Student participation/contribution	Class discussion and questions on beginning of class survey results and assigned readings.	In Class Only
Self/peer assessment and portfolio evaluation	Surveys at beginning and end of class; self analysis of life experiences presented at in- class discussions and in out-of-class written assignments.	In and Out of Class
Group activity participation/observation	Activity based analysis of videos and reading materials as applied to the concepts of the course.	In Class Only
Presentations/student demonstration observations	Presentations on development of academic and workplace goals.	In Class Only

#### **Assignments**

#### **Other In-class Assignments**

- 1. Beginning of semester survey to determine current level of self-awareness.
- 2. Individual or group projects designed to identify and apply effective self-awareness principles.
- 3. Online research and activities designed to identify effects of stress on job performance and ways to reduce job-related stress.
- 4. Case studies designed to identify what constitutes acceptable behavior and how such behaviors affect the workplace.
- 5. Online individual, small group, or paired presentations designed to identify and apply effective communication tools and techniques.
- 6. End of semester survey to identify self-awareness of strengths and weaknesses.

#### Other Out-of-class Assignments

Students are expected to spend a minimum of eighteen hours on outside assignments which include a variety of video resources, self analysis of life experiences, and development of academic and workplace goals.

#### **Grade Methods**

Letter Grade Only

# **Distance Education Checklist**

Include the percentage of online and on-campus instruction you anticipate.

## Online %

100

# **Instructional Materials and Resources**

If you use any other technologies in addition to the college LMS, what other technologies will you use and how are you ensuring student data security?

New World of Work materials are maintained by Shasta College and made available to faculty and students through Linked In Learning which requires password access.

## If used, explain how specific materials and resources outside the LMS will be used to enhance student learning.

New World of Work materials have been developed at the state level in collaboration with industry and vetted as appropriate to enhance the learning experience.

# **Effective Student/Faculty Contact**

Which of the following methods of regular, timely, and effective student/faculty contact will be used in this course?

#### Within Course Management System:

Discussion forums with substantive instructor participation Online quizzes and examinations



Private messages
Regular virtual office hours
Timely feedback and return of student work as specified in the syllabus
Video or audio feedback
Weekly announcements

## **External to Course Management System:**

Direct e-mail

Posted audio/video (including YouTube, 3cmediasolutions, etc.)

#### For hybrid courses:

Scheduled Face-to-Face group or individual meetings

## Briefly discuss how the selected strategies above will be used to maintain Regular Effective Contact in the course.

This class will be taught either online or as a hybrid via Canvas. Instructors will use asynchronous text and video messages to interact with the students. Also, discussions boards, constant announcements will be used. Zoom virtual office hours with screen sharing and interaction capabilities will be available.

If interacting with students outside the LMS, explain how additional interactions with students outside the LMS will enhance student learning.

Canvas is used for external interaction as well.

#### Other Information

Provide any other relevant information that will help the Curriculum Committee assess the viability of offering this course in an online or hybrid modality.

All materials for the course are web-based so online and/or hybrid modality is appropriate.

## **MIS Course Data**

# **CIP Code**

32.0105 - Job-Seeking/Changing Skills.

# **TOP Code**

051800 - Customer Service

#### **SAM Code**

C - Clearly Occupational

# **Basic Skills Status**

Not Basic Skills

#### **Prior College Level**

Not applicable

## **Cooperative Work Experience**

Not a Coop Course

# **Course Classification Status**

Credit Course

#### **Approved Special Class**

Not special class

#### **Noncredit Category**

Not Applicable, Credit Course

# **Funding Agency Category**

Not Applicable

## **Program Status**

Stand-alone



**Transfer Status** 

Not transferable

**Allow Audit** 

No

Repeatability

No

**Materials Fee** 

Nο

**Additional Fees?** 

No

# **Approvals**

**Curriculum Committee Approval Date** 05/03/2022

**Academic Senate Approval Date** 05/12/2022

**Board of Trustees Approval Date** 5/20/2022

**Chancellor's Office Approval Date** 5/20/2022

**Course Control Number** 

CCC000611813

# Programs referencing this course

Hospitality Management Certificate of Achievement (http://catalog.collegeofthedesert.eduundefined/?key=117)
New World of Work: Employability Skills Certificate (http://catalog.collegeofthedesert.eduundefined/?key=324)
Hospitality Management AS Degree (employment preparation) (http://catalog.collegeofthedesert.eduundefined/?key=60)
Agriculture Office Assistant Certificate of Achievement (http://catalog.collegeofthedesert.eduundefined/?key=84)
Agriculture Office Professional Certificate of Achievement (http://catalog.collegeofthedesert.eduundefined/?key=85)