### COLLEGE OF THE DESERT

Course Code HSAD-001

#### **Course Outline of Record**

- 1. Course Code: HSAD-001
- 2. a. Long Course Title: Introduction to Alcohol/Drug Studies
  - b. Short Course Title: INTRO ALCOHOL/DRUGS
- 3. a. Catalog Course Description:

This is a survey course that examines, interprets and evaluates the significant terms and definitions used in the study of drugs, addiction and alcoholism as a family affair. It looks at the causes and consequences of alcohol/drug use and abuse (i.e. psychological, sociological, physiological, economic, and political), as well as the myths, images and stereotypes of substance abuse and substance users. It examines the modalities utilized in education, prevention, intervention, treatment, recovery, and relapse. This is the basic prerequisite for the Alcohol/Drug Studies Certificate.

b. Class Schedule Course Description:

This is a survey course that examines the fundamental concepts of addiction, the techniques of analysis of addiction, and the modalities of prevention and treatment employed by addictions counselors.

- c. Semester Cycle (if applicable): N/A
- d. Name of Approved Program(s):
  - ALCOHOL AND DRUG STUDIES Certificate of Achievement
- 4. Total Units: 3.00 Total Semester Hrs: 54.00

Lecture Units: 3 Semester Lecture Hrs: 54.00

Lab Units: 0 Semester Lab Hrs: 0

Class Size Maximum: 65 Allow Audit: No

Repeatability No Repeats Allowed

Justification 0

5. Prerequisite or Corequisite Courses or Advisories:

Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm1-A)

Advisory: ENG 061

- 6. Textbooks, Required Reading or Software: (List in APA or MLA format.)
  - a. Hart, C. L. & Ksir, C. (2013). Drugs, Society, and Human Behavior (15th/e). Boston, MA WCB.

College Level: Yes

Flesch-Kincaid reading level: 12

7. Entrance Skills: *Before entering the course students must be able:* 

a.

Compose simple, organized responses to readings.

- ENG 061 Demonstrate the ability to use research skills including library resources such as books, periodicals, electronic databases and online resources such as the internet.
- ENG 061 Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.

b.

Demonstrate the ability to participate in class discussions.

• ENG 061 - Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.

c.

Organize and express ideas in paragraph and essay form.

• ENG 061 - Use theses to organize paragraphs into coherent analyses.

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# HSAD 001-Introduction to Alcohol/Drug Studies

#### 8. Course Content and Scope:

### Lecture:

- 1. Drug use in modern society
- 2. How drugs work
- 3. Stimulants and depressants
- 4. Medications for mental disorders
- 5. Alcohol
- 6. Caffeine and Tobacco
- 7. Opioids
- 8. Hallucinogens
- 9. Marijuana
- 10. Performance enhancing drugs
- 11. Prevention and treatment

Lab: (if the "Lab Hours" is greater than zero this is required)

9. Course Student Learning Outcomes:

1

Recognize the philosophy, values, terminology, and practice of the field of addiction studies.

2.

Describe and interpret theory and research in areas relating to addictive behavior in individuals, families, groups, and communities.

3.

Identify knowledge, skill, and attitudes as they apply to the roles and responsibilities of the helping profession.

- 10. Course Objectives: Upon completion of this course, students will be able to:
  - a. Recognize the current Diagnostic and Statistical Manual of Mental Disorders for substance use disorders.
  - b. Recognize major legislation that regulates and controls drug availability.
  - c. Describe the physical/chemical reactions of the human body to various drugs
  - d. Describe economic factors, such as, the cost of various legal and illegal drugs, the profit resulting from the sale of drugs, the expense of the law enforcement, education, prevention, treatment programs, set the parameters that impact the formulation of policy and helps to determine the actions, reactions and attitudes to drug abuse.
  - e. Recognize the facts as they pertain to drug use and abuse
  - f. Identify the different modalities utilized in education, prevention, treatment, intervention, recovery and relapse.
  - g. Define the terms associated with drug use and abuse.
  - h. Identify the dynamics and interaction of family life, work life, social life, and recreational activities resulting in the use of drugs.
  - i. Express an understanding of the educational requirements and work experience necessary for obtaining an Alcohol/Drug certificate.
  - j. Give an example of the value and relevance of apersonal/professional "Code of Ethics"
  - k. Define the different types of tolerance and dependence.
  - 1. Recognize risk and protective factors correlated with drug abuse and dependence.
  - m. Recognize current drugs of abuse and common administration methods.
- 11. Methods of Instruction: (Integration: Elements should validate parallel course outline elements)
  - a. Demonstration, Repetition/Practice
  - b. Discussion
  - c. Distance Education

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# HSAD 001-Introduction to Alcohol/Drug Studies

- d. Lecture
- e. Participation
- f. Self-exploration
- g. Technology-based instruction
- 12. Assignments: (List samples of specific activities/assignments students are expected to complete both in and outside of class.)

In Class Hours: 54.00

Outside Class Hours: 108.00

- a. In-class Assignments
  - A. Attend class regularly and take detailed notes.
  - B. Video presentations and take detailed notes.
  - C. Present written and oral reports associated with substance abuse and dependence.
- b. Out-of-class Assignments
  - A. Read critically and analyze the textbook and all handouts.
  - b. Prepare written and oral reports associated with substance abuse and dependence.
  - c. View video presentations and take detailed notes.
- 13. Methods of Evaluating Student Progress: The student will demonstrate proficiency by:
  - College level or pre-collegiate essays
  - Term or research papers
  - Presentations/student demonstration observations
  - Group activity participation/observation
  - True/false/multiple choice examinations
  - Mid-term and final evaluations
- 14. Methods of Evaluating: Additional Assessment Information:
- 15. Need/Purpose/Rationale -- All courses must meet one or more CCC missions.
  - PO Career and Technical Education

Fulfill the requirements for an entry-level position in their field.

Apply critical thinking skills to execute daily duties in their area of employment.

Apply critical thinking skills to research, evaluate, analyze, and synthesize information.

Display the skills and aptitude necessary to pass certification exams in their field.

Exhibit effective written, oral communication and interpersonal skills.

IO - Personal and Professional Development

Self-evaluate knowledge, skills, and abilities.

Develop realistic goals.

Display habits of intellectual exploration, personal responsibility, and physical well being.

Demonstrate an understanding of ethical issues to make sound judgments and decisions.

Value diverse cultures and populations.

Value the feedback of others.

16. Comparable Transfer Course

University System Campus Course Number Course Title Catalog Year

17. Special Materials and/or Equipment Required of Students:

18. Materials Fees: Required Material?

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Material or Item Cost Per Unit Total Cost

19. Provide Reasons for the Substantial Modifications or New Course:

SLO and ENG advisory revision

- 20. a. Cross-Listed Course (Enter Course Code): N/A
  - b. Replacement Course (Enter original Course Code): N/A
- 21. Grading Method (choose one): Letter Grade Only
- 22. MIS Course Data Elements
  - a. Course Control Number [CB00]: CCC000173499
  - b. T.O.P. Code [CB03]: 210440.00 Alcohol and Controlled Su
  - c. Credit Status [CB04]: D Credit Degree Applicable
  - d. Course Transfer Status [CB05]: A = Transfer to UC, CSU
  - e. Basic Skills Status [CB08]: 2N = Not basic skills course
  - f. Vocational Status [CB09]: Clearly Occupational
  - g. Course Classification [CB11]: Y Credit Course
  - h. Special Class Status [CB13]: N Not Special
  - i. Course CAN Code [CB14]: N/A
  - j. Course Prior to College Level [CB21]: Y = Not Applicable
  - k. Course Noncredit Category [CB22]: Y Not Applicable
  - 1. Funding Agency Category [CB23]: Y = Not Applicable
  - m. Program Status [CB24]: 1 = Program Applicable

Name of Approved Program (if program-applicable): ALCOHOL AND DRUG STUDIES

Attach listings of Degree and/or Certificate Programs showing this course as a required or a restricted elective.)

23. Enrollment - Estimate Enrollment

First Year: 35
Third Year: 35

- 24. Resources Faculty Discipline and Other Qualifications:
  - a. Sufficient Faculty Resources: Yes
  - b. If No, list number of FTE needed to offer this course: N/A
- 25. Additional Equipment and/or Supplies Needed and Source of Funding.

N/A

26. Additional Construction or Modification of Existing Classroom Space Needed. (Explain:)

N/A

27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES

Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course: Yes

28. Originator Chris Jones Origination Date 10/26/17

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