COLLEGE OF THE DESERT

Course Code HSAD-036

Course Outline of Record

1. Course Code: HSAD-036

- 2. a. Long Course Title: Counseling Diverse Populations
 - b. Short Course Title: COUNS DIVERSE POPULATNS
- 3. a. Catalog Course Description:

This counseling course introduces students to multicultural counseling and skills used to support diverse populations in the substance abuse treatment environment. This course surveys the history and experiences of many populations and provides current intervention modalities. This course can be taken concurrently with HSAD-001, if HSAD-001 not previously completed.

b. Class Schedule Course Description:

This counseling course introduces students to multicultural counseling and skills used to support diverse populations in the substance abuse treatment environment.

- c. Semester Cycle (*if applicable*): Fall
- d. Name of Approved Program(s):
 - ALCOHOL AND DRUG STUDIES Certificate of Achievement
- 4. Total Units: 3.00 Total Semester Hrs: 54.00

Lecture Units: <u>3</u> Semester Lecture Hrs: <u>54.00</u>

- Lab Units: 0 Semester Lab Hrs: 0 Class Size Maximum: 45 Allow Audit: No Repeatability No Repeats Allowed Justification 0
- Prerequisite or Corequisite Courses or Advisories: *Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm1-A)* Prerequisite: HSAD 001 or concurrent enrollment
- 6. Textbooks, Required Reading or Software: (List in APA or MLA format.)

a. <u>Sue. D.W. & Sue. D. (2016)</u>. *Counseling the Culturally Diverse: Theory and practice* (7th/e). Hoboken, NJ John Wiley and son.

College Level: Yes

Flesch-Kincaid reading level: 11.4

7. Entrance Skills: Before entering the course students must be able:

а.

Recognize the Diagnostic and Statistical Manual of Mental Disorders interpretation of substance abuse and dependence.

• HSAD 001 - Recognize the Diagnostic and Statistical Manual of Mental Disorders – IV- TR for substance abuse and dependence.

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b.
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Describe economic factors, such as, the cost of various legal and illegal drugs, the profit resulting from the sale of drugs, the expense of the law enforcement, education, prevention, treatment programs, set the parameters that impact the formulation of policy and helps to determine the actions, reactions and attitudes to drug abuse.

• HSAD 001 - Describe economic factors, such as, the cost of various legal and illegal drugs, the profit resulting from the sale of drugs, the expense of the law enforcement, education, prevention, treatment programs, set the parameters that impact the formulation of policy and helps to determine the actions, reactions and attitudes to drug abuse.

<u>C.</u> Recognize the facts as they pertain to drug use and abuse. • HSAD 001 - Recognize the facts as they pertain to drug use and abuse

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<u>d.</u>
Identify the different modalities utilized in education, prevention, treatment, intervention, recovery and relapse.
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• HSAD 001 - Identify the different modalities utilized in education, prevention, treatment, intervention, recovery and relapse.

<u>e.</u> Define the terms associated with drug use and abuse.

• HSAD 001 - Define the terms associated with drug use and abuse.

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f.
Identify the dynamics and interaction of family life, work life, social life, and recreational activities resulting in the use of drugs.
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• HSAD 001 - Identify the dynamics and interaction of family life, work life, social life, and recreational activities resulting in the use of drugs.

g.

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Recognize risk and protective factors correlated with drug abuse and dependence.
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- HSAD 001 Recognize risk and protective factors correlated with drug abuse and dependence.
- 8. Course Content and Scope:

Lecture:

- 1. Dimensions of multicultural counseling and therapy (MCT): political, affective, sociocultural
- 2. Barriers in multicultural counseling and therapy: language, class, stereotypes
- 3. Multicultural family counseling and techniques
- 4. Racial cultural identity development
- 5. White racial identity
- 6. African Americans
- 7. American Indians/Alaskan natives
- 8. Asian Americans
- 9. Latino/a Americans
- 10. Arab Americans
- 11. Jewish Americans
- 12. Immigrants
- 13. Refugees
- 14. Gay/lesbian/bisexual/transgender
- 15. Older adults
- 16. Women
- 17. Individuals with disabilities

Lab: (if the "Lab Hours" is greater than zero this is required)

9. Course Student Learning Outcomes:

1.

Recognize major elements of multicultural counseling and therapy.

2.

Demonstrate ability to recognize verbal, behavioral and affective issues associated with different cultures relevant to substance abuse counseling.

3.

HSAD 036-Counseling Diverse Populations

Demonstrate ability to utilize multicultural counseling techniques in training and practice.

- 10. Course Objectives: Upon completion of this course, students will be able to:
 - a. Dramatize helping skills and rehabilitative models employed for specific groups.
 - b. Practice the role of counselor with a diverse population.
 - c. Demonstrates understanding of multicultural counseling and therapy as it relates to substance abuse counseling
 - d. Identify relevant historical and experiential factors impacting specific populations.
 - e. Demonstrate ability to utilize multicultural counseling techniques in practice and training.

f. Demonstrate understanding of the implications of language, sensitivity, context, and cultural issues in multicultural counseling in substance abuse treatment settings.

11. Methods of Instruction: (Integration: Elements should validate parallel course outline elements)

- a. Activity
- b. Discussion
- c. Experiential
- d. Lecture
- e. Participation
- f. Role Playing
- g. Self-exploration
- h. Technology-based instruction

Other Methods:

Guest presentations Student presentations

12. Assignments: (List samples of specific activities/assignments students are expected to complete both in and outside of class.) In Class Hours: 54.00

Outside Class Hours: 108.00

a. In-class Assignments

- 1. Take detailed notes on lectures and presentations
- 2. Watch DVDs/visuals
- 3. Case study reviews
- 4. Group discussions

b. Out-of-class Assignments

Read the textbook and all the recommended literature.

13. Methods of Evaluating Student Progress: The student will demonstrate proficiency by:

- College level or pre-collegiate essays
- Written homework
- Reading reports
- Presentations/student demonstration observations
- role playing
- Group activity participation/observation
- True/false/multiple choice examinations
- Mid-term and final evaluations
- Student participation/contribution

14. Methods of Evaluating: Additional Assessment Information:

15. Need/Purpose/Rationale -- All courses must meet one or more CCC missions.

05/11/2018

HSAD 036-Counseling Diverse Populations

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		h, evaluate, analyze, a		ation.
		ary to pass certification	•	
Exhibit effective v	written, oral commun	ication and interperson	al skills.	•
IO - Personal and Prot	fessional Development	t		
Self-evaluate kno	wledge, skills, and a	bilities.		
Display habits of	intellectual exploration	on, personal responsibi	lity, and physical well	l being.
Demonstrate an u	understanding of ethi	ical issues to make sou	nd judgments and de	ecisions.
Value diverse cul	tures and population	IS.		
Value the feedba	ck of others.			
6. Comparable Transfer	Course			
University System	Campus	Course Number	Course Title	Catalog Year
7. Special Materials and	/or Equipment Require	ed of Students:		
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^{8.} Materials Fees:	Required Material?			
Mater	rial or Item	Cost]	Per Unit	Total Cost
9. Provide Reasons for the	he Substantial Modific	ations or New Course.		
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Third Year: 0

HSAD 036-Counseling Diverse Populations

- 24. Resources Faculty Discipline and Other Qualifications:
 - a. Sufficient Faculty Resources: Yes
 - b. If No, list number of FTE needed to offer this course: N/A
- 25. Additional Equipment and/or Supplies Needed and Source of Funding.

N/A

26. Additional Construction or Modification of Existing Classroom Space Needed. (Explain:)

N/A

27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES

Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course: Yes

28. Originator Chris Jones Origination Date 09/17/16