

# PTA 011: THERAPEUTIC PROCEDURE III

#### Originator

mawilson

### Co-Contributor(s)

## Name(s)

Fitzpatrick, Benjamin

#### Justification / Rationale

Modification of course content and objectives to align with CAPTE standards

#### **Effective Term**

Fall 2022

#### **Credit Status**

Credit - Degree Applicable

## **Subject**

PTA - Physical Therapist Assistant

#### **Course Number**

011

#### **Full Course Title**

Therapeutic Procedure III

#### **Short Title**

THERAPEUTIC PRO III

# **Discipline**

# **Disciplines List**

Physical Therapy Assisting

#### Modality

Face-to-Face

#### **Catalog Description**

This course is a continuation of study of the principles and procedures of therapeutic Physical Therapy intervention, with emphasis placed on specialized physical therapy interventions and procedure for special populations. Students will learn how to instruct and prepare the patient to utilize this specialized equipment. Problem solving will be utilized in assisting students to apply standardized practices to meet individual patient needs.

Limitation on enrollment: Admission to the Physical Therapist Assistant (PTA) Program

# **Schedule Description**

Focuses on treatment of special populations and utilizing specialized equipment.

Prerequisite: PTA 004 Advisory: ENG 061

Limitation on enrollment: Admission to the Physical Therapist Assistant (PTA) Program

# **Lecture Units**

2

#### **Lecture Semester Hours**

36

#### **Lab Units**

1

# **Lab Semester Hours**

54





#### In-class Hours

90

#### **Out-of-class Hours**

72

#### **Total Course Units**

3

#### **Total Semester Hours**

162

# Prerequisite Course(s)

PTA 004

Advisory: ENG 061

#### **Limitation on Enrollment**

Admission to the Physical Therapist Assistant Program

#### **Class Size Maximum**

25

#### **Entrance Skills**

Identify and employ prewriting activities.

# **Requisite Course Objectives**

ENG 061-Use theses to organize paragraphs into coherent analyses.

#### **Entrance Skills**

Comprehend and summarize readings.

#### **Requisite Course Objectives**

ENG 061-Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.

# **Entrance Skills**

Generate, develop, and organize ideas in writing.

# **Requisite Course Objectives**

ENG 061-Recognize features of style such as purpose, audience and tone integrate these elements into academic and professional writing.

#### **Entrance Skills**

Demonstrate good communication and documentation skills

#### **Requisite Course Objectives**

PTA 004-Document physical therapy treatment results in SOAP (Subjective, Objective, Assessment and Plan) and grid formats. PTA 004-Demonstrate good patient/therapist communication skills.

#### **Entrance Skills**

Demonstrate good knowledge of training strategies for patients with limited mobility

# **Requisite Course Objectives**

PTA 004-Identify and describe methods of training strategies for patients with loss of mobility.



# **Course Content**

- 1. Lymph edema
- 2. Aquatics
- 3. Wound care
- 4. TMJ
- 5. Pelvic Floor
- 6. Orthotics and Prosthetics
- 7. Vestibular
- 8. Dry needling
- 9. Taping
- 10. Modalities
  - a. Laser/light therapy
  - b. Traction
  - c. Iontophoresis
  - d. Vasopneumatic compression

#### **Lab Content**

- 1. Lymph edema
- 2. Aquatics
- 3. Wound care
- 4. TMJ
- 5. Pelvic Floor
- 6. Orthotics and Prosthetics
- 7. Vestibular
- 8. Dry needling
- 9. Taping
- 10. Modalities
  - a. Laser/light therapy
  - b. Traction
  - c. lontophoresis
  - d. Vasopneumatic compression
- 11. Other special treatment topics

# **Course Objectives**

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	Objectives		
Objective 1	Summarize and demonstrate utilization of various physical therapy interventions such as lymphedema therapy, pelvic floor therapy, dry needling, aquatic therapy, and taping.		
Objective 2	Explain and demonstrate safe and effective wound management with usage of proper isolation techniques, sterile techniques, application and removal of dressing or agents, and identification of precautions for dressing removal.		
Objective 3	Demonstrate ability to perform integumentary integrity including detecting absent and altered sensation, normal and abnormal integumentary changes; activities, positioning, and postures that aggravate or relieve pain or altered sensation, or that can produce associated skin trauma and recognize viable versus non viable tissue.		
Objective 4	Compare the varying biophysical agents and demonstrate appropriate use of biofeedback, electrotherapeutic agents, compressions therapies, cryotherapy, hydrotherapy, superficial and deep thermal agents, traction and light therapies.		
Objective 5	Explain effective treatments for vestibular, balance and righting/equilibrium reactions conditions and demonstrate proper implementation of interventions.		
Objective 6	Interpret patient response to interventions and effectively respond to patient and environmental emergencies that commonly see in the clinical setting.		
Objective 7	Demonstrate and summarize varying usage of devices and equipment with assistive/adaptive devices and prosthetic and orthotic devices.		



# **Student Learning Outcomes**

	Upon satisfactory completion of this course, students will be able to:
Outcome 1	Explain the principles and objectives of a variety of physical therapy treatments.
Outcome 2	Understand and identify indications for physical therapy treatment techniques.
Outcome 3	Demonstrate safe and effective physical therapy treatment techniques.

# **Methods of Instruction**

Method	Please provide a description or examples of how each instructional method will be used in this course.
Demonstration, Repetition/Practice	Instructor demonstration of applicable materials to reinforce learning materials.
Discussion	Small and large group discussions around lecture topics.
Laboratory	Hands on practice of skills learned on a variety of physical therapy interventions and protocols.
Lecture	Lecture components are given in 20 to 30-minute segments with activities embedded to create an active learning environment.

# **Methods of Evaluation**

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Presentations/student demonstration observations	Demonstration of treatment techniques taught in class	In Class Only
Mid-term and final evaluations	Check for learning through mid-term and final exams. Quizzes used to prepare for exams.	In Class Only

# **Assignments**

# Other In-class Assignments

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# **Grade Methods**

Letter Grade Only

# **MIS Course Data**

#### **CIP Code**

51.0806 - Physical Therapy Technician/Assistant.

# **TOP Code**

122200 - Physical Therapist Assistant

# **SAM Code**

C - Clearly Occupational

# **Basic Skills Status**

Not Basic Skills

# **Prior College Level**

Not applicable

# **Cooperative Work Experience**

Not a Coop Course

#### **Course Classification Status**

Credit Course

# **Approved Special Class**

Not special class



# **Noncredit Category**

Not Applicable, Credit Course

# **Funding Agency Category**

Not Applicable

#### **Program Status**

Program Applicable

#### **Transfer Status**

Not transferable

# **Allow Audit**

No

# Repeatability

No

#### **Materials Fee**

No

#### **Additional Fees?**

No

# **Files Uploaded**

# Attach relevant documents (example: Advisory Committee or Department Minutes)

2017 - Meeting Notes - 05-16-17.pdf LMI\_Physical Therapy\_Dec2017.pdf PTA 011 CO Approval Letter.pdf

# **Approvals**

# **Curriculum Committee Approval Date**

03/17/2022

# **Academic Senate Approval Date**

03/24/2022

# **Board of Trustees Approval Date**

04/22/2022

#### **Chancellor's Office Approval Date**

05/06/2022

#### **Course Control Number**

CCC000631409