COLLEGE OF THE DESERT

Course Code VSO-042

Course Outline of Record

- 1. Course Code: VSO-042
- 2. a. Long Course Title: Golf-Men's and Women's, Summer
 - b. Short Course Title: GOLF
- 3. a. Catalog Course Description:

This is a summer semester off season men's and women's golf conditioning course providing beginning, intermediate, and advanced instruction for students interested in improving skill development, physical strength, muscular endurance, anaerobic endurance, and increased muscular elasticity while reducing connective tissue injuries. May be taken for a total of four times for credit.

b. Class Schedule Course Description:

Intended for off season conditioning and skill development for men's and women's intercollegiate golf student-athletes during the summer semester.

- c. Semester Cycle (*if applicable*): Summer
- d. Name of Approved Program(s):
- 4. Total Units: 1.00 Total Semester Hrs: 58.00

 Lecture Units: 0 Semester Lecture Hrs: 0

 Lab Units: 1 Semester Lab Hrs: 58.00

Class Size Maximum: 20 Allow Audit: No

Repeatability Repeatable 3 Times

Justification Title 5 § 55041. (a) (3) Intercollegiate athletics, as defined in section 55000.

5. Prerequisite or Corequisite Courses or Advisories:

Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm1-A) Limitation on Enrollment: Successful tryout.

- 6. Textbooks, Required Reading or Software: (List in APA or MLA format.) N/A
- 7. Entrance Skills: Before entering the course students must be able:
- 8. Course Content and Scope:

Lecture:

- a. History and tradition
- b. Discussion of golf etiquette and rules
- c. Course management strategies (club selection, weather conditions, etc.)
- d. Golf handicapping system
- e. Discussion/demonstration of various types of golf clubs and golf balls
- f. Video viewing and analysis

Lab: (if the "Lab Hours" is greater than zero this is required)

- a. The golf swing i. grip ii. address/stance iii. swing motion iv. chip shot v. pitch shot vi. bunker shot vii. uneven lies
- b. putting i. grip/stance ii. reading greens iii. psychology of putting
- 9. Course Student Learning Outcomes:

1.

Demonstrate the techniques for the performance of golf skills.

2.

Cite and apply the basic rules of golf.

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Material or Item

10. Course Objectives: Upon completion of this course, students will be able to:	
a. Recognize and demonstrate correct mechanical techniques for the performance of golfing skills:	i. Full Swing ii. Partial
Swings iii. Short Game iv. Putting v. Uneven Lies vi. Bunker Play	
b. Apply the rules of the game.	
c. Apply course management strategies.	
d. Apply acceptable etiquette during game play.	
e. Develop an appreciation for the game that will enhance their enjoyment.	
f. Demonstrate an understanding of safety and injury prevention.	
11. Methods of Instruction: (Integration: Elements should validate parallel course outline elements)	
a. Demonstration, Repetition/Practice	
b. Discussion	
c. Lecture	
12. Assignments: (List samples of specific activities/assignments students are expected to complete bot	th in and outside of class.)
In Class Hours: 58.00	
Outside Class Hours: 0	
a. In-class Assignments	
a. Skill practice	
b. Attend golf tournaments	
b. Out-of-class Assignments	
-	
13. Methods of Evaluating Student Progress: <i>The student will demonstrate proficiency by:</i>	
• Field/physical activity observations	
• Group activity participation/observation	
• Student participation/contribution	
14. Methods of Evaluating: Additional Assesment Information:	
15. Need/Purpose/Rationale All courses must meet one or more CCC missions.	
PO-GE C5 – Personal Growth and Development	
Exhibit habits of intellectual exploration, personal responsibility, and well being.	
IO - Personal and Professional Development	20
Demonstrate an understanding of ethical issues to make sound judgments and decision	15.
16. Comparable Transfer Course	
•	Catalog Year
Campus Course Number Course Inter-Course Int	g I out
17. Special Materials and/or Equipment Required of Students:	
18. Materials Fees: Required Material?	

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Cost Per Unit

Total Cost

19. Provide Reasons for the Substantial Modifications or New Course:

Off season conditioning course in order to allow student-athletes to be properly trained both physically and mentally prior to the start of the season.

- 20. a. Cross-Listed Course (Enter Course Code): N/A
 - b. Replacement Course (Enter original Course Code): N/A
- 21. Grading Method (choose one): Letter Grade Only
- 22. MIS Course Data Elements
 - a. Course Control Number [CB00]: CCC000560560
 - b. T.O.P. Code [CB03]: 83550.00 Intercollegiate Athletics
 - c. Credit Status [CB04]: D Credit Degree Applicable
 - d. Course Transfer Status [CB05]: B = Transfer CSU
 - e. Basic Skills Status [CB08]: 2N = Not basic skills course
 - f. Vocational Status [CB09]: Not Occupational
 - g. Course Classification [CB11]: Y Credit Course
 - h. Special Class Status [CB13]: N Not Special
 - i. Course CAN Code [CB14]: N/A
 - j. Course Prior to College Level [CB21]: Y = Not Applicable
 - k. Course Noncredit Category [CB22]: Y Not Applicable
 - 1. Funding Agency Category [CB23]: Y = Not Applicable
 - m. Program Status [CB24]: 2 = Stand-alone

Name of Approved Program (if program-applicable): N/A

Attach listings of Degree and/or Certificate Programs showing this course as a required or a restricted elective.)

23. Enrollment - Estimate Enrollment

First Year: 10
Third Year: 15

- 24. Resources Faculty Discipline and Other Qualifications:
 - a. Sufficient Faculty Resources: Yes
 - b. If No, list number of FTE needed to offer this course: N/A
- 25. Additional Equipment and/or Supplies Needed and Source of Funding.

|N/A|

26. Additional Construction or Modification of Existing Classroom Space Needed. (Explain:)

N/A

27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES

Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course: Yes

28. Originator Courtney Doussett Origination Date 10/06/14

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