

## Medical History & Physical Exam Release for Nursing Programs

**Student Name:** (Please print clearly) \_\_\_\_\_

In compliance with the Americans with Disabilities Act, students must be, with reasonable accommodation, physically and mentally capable of performing the essential functions of the program. The Core Performance Standards adopted by the Department of Nursing & Allied Health include the following:

### Critical Thinking

- Critical thinking ability for effective clinical reasoning and clinical judgment consistent with the level of educational preparation
- Identification of cause/effect relationships in clinical situations
- Use of the scientific method in the development of patient care plans
- Evaluation of the effectiveness of nursing interventions

### Professional Relationships

- Interpersonal skills sufficient for professional interactions with a diverse population of individuals, families, and groups
- Establishment of rapport with patients/clients and colleagues
- Capacity to engage in successful conflict resolution
- Peer accountability

### Communication

- Communication adeptness sufficient for verbal and written professional interactions
- Explanation of treatment procedures, initiation of health teaching.
- Documentation and interpretation of nursing actions and patient/client responses

### Mobility

- Physical abilities sufficient for movement from room to room and in small spaces
- Movement about patient's room, workspaces, and treatment areas
- Be on your feet 6-12 hours at a time and perform activities that include reaching, balancing, carrying, pushing, pulling, stooping, bending, and crouching
- Administration of rescue procedures-cardiopulmonary resuscitation

### Motor Skills

- Gross and fine motor abilities sufficient for providing safe, effective nursing care
- Calibration and use of equipment
- Therapeutic positioning of patients

### Hearing

- Auditory ability sufficient for monitoring and assessing health needs
- Ability to hear monitoring device alarm and other emergency signals
- Ability to discern auscultatory sounds and cries for help



Visual

- Visual ability sufficient for observation and assessment necessary for patient care
- Visually discriminate depth and color perception
- Perform close and distinct visual activities involving persons, computers, and paperwork
- Ability to observe patient's condition and responses to treatments

Tactile Sense

- Tactile ability sufficient for physical assessment
- Ability to palpitate in physical examinations and various therapeutic interventions

Other

- Identify and distinguish odors that are pungent, or the products of infection or metabolic imbalance (e.g., ketones)
- Work and make safe decisions in stressful situations

**I have taken a health history, and conducted a physical examination. The applicant is able to undertake a full-time educational program in nursing or a related allied health field and can meet all physical demands without limitations.**

**Provider Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Provider Name & Credentials:** \_\_\_\_\_

**Facility Name:** \_\_\_\_\_

**Facility Address:** \_\_\_\_\_

**Facility Phone:** \_\_\_\_\_